#### **Staying On Agreement**



#### Card Sort Activity- Practice Tool

The card sort activity is a non-threatening way to set up a Staying On Agreement.

The cards can be used to open discussion on the expectations on the living arrangement once the young person is 18 and provide an opportunity to talk about any issues that may arise and how these may be addressed.

It can be used to work out any house rules and expectations and the young persons contribution, support available through the Home Stretch team and roles and responsibilities within the Staying On Agreement.

The cards can be cut out and additional topics added if relevant.

Produced by: **Anglicare WA**Home Stretch WA Team

#### Card Sort Activity – Step by Step Guide

People involved: Young Person, Carer/family, Transition Coach, Staying On Facilitator, Other Supports/ Family as relevant

#### **Activity options:**

#### **Group discussion**

- Place all the cards on the floor
- 2. Carers and Young People select those that are most important to them to talk about when living together.
- 3. Discuss what the expectations are around each card
- 4. Discuss any current issues and possible ways to deal with them if they arise
- 5. Come up with an agreement about how to make it work.
- 6. Fill in the "Staying On Agreement template" with what has been agreed upon and sign.

#### Take turns

- 1. Young person to meet with transition coach to discuss topics important to them
- 2. Carer to meet with Coordinator to discuss topics important to them
- 3. Young Person and Carer to meet together to discuss all topics and ways to deal with any issues that arise.
- 4. Come up with an agreement about how to make it work.
- 5. Fill in the "Staying On Agreement template" with what has been agreed upon and sign.

<sup>\*</sup> The process can be repeated for Staying On Reviews

#### Nailing it!

# Not on my radar

#### Agree

Don't agree

Acknowledging existing house rules, elements that aren't relevant, as well allowing space matching and differing opinions...

#### Not sure

# Think about it

## To be talked about

#### Not relevant

Young people and carers might have differing opinions or not sure where they sit with something just yet. Give time to think about and address at a review, or amongst themselves.

### Important

### Not Important

Young people and carers might have differing opinions or not sure where they sit with something just yet. Give time to think about and address at a review, or amongst themselves.

## Looking after my space

Finding a place to live

Other people living here

Moving out

Living together...

## Using the car

## Staying On for How Long?

House Rules

Living together...

#### Smoking

# Drinking at home

# Staying healthy

Using drugs

Health and lifestyle choices

#### Partners staying over

Dealing with conflict

# Friends & family staying over

Talking to the Department

Supporting relationships

# Connecting with family

# Coming & going

## Getting around

## Handling crisis

Supporting relationships

## Exploring culture

# Customs and rituals

# Connection to Country

Domain: Identity & culture

#### Used to work out the young persons contribution

### What can I contribute to?

Gardening

Internet

Fuel

SOA: Contributing to the household

#### Cleaning

#### Laundry

# Doing a shop

Ironing

SOA: Contributing to the household

#### Cooking

#### Bills

#### Insurance

# Anything Else

SOA: Contributing to the household

### Talk about the different Roles & the Agreement

#### Home Stretch Coach

#### Home Stretch Coordinator

Young Person

Carer

SOA: To explain the different roles & responsibilities within the Staying On Agreement

#### Case Worker

# Someone else

SOA: To explain the different roles & responsibilities within the Staying On Agreement

## Reviewing the Agreement

## Reviewing the Payment

#### Confidentiality

SOA: To explain the different roles & responsibilities within the Staying On Agreement