

Brief Summary of Session

- Joint sessions with other agencies are a beneficial way to build a shared understanding of the role each agency play in the young person's support network.
- Clearly identifying key areas of support between each agency ensures there are no 'double ups' or areas that are potentially missed, and the young person has a clear understanding of where to access support when needed.
- It is important to acknowledge the young person's right to determine their goals and to have agency over deciding what supports they require.

What is the intended outcome of the session from a young person's perspective?

It is intended that young people feel supported, but not overwhelmed. Establishing clarity around each agency's key support role and negotiating the ways in which the young person can access the support needed, whilst also being encouraged to build skills and capacity is essential.

What Practice Principles are Relevant?

- Your relationships are important
- You are the expert in your life, you deserve the freedom and respect to make your own choices
- You can make an informed choice about the support you receive from Home Stretch

Preparation

- It may be beneficial for the young person to be 'prepped' for the joint session a few days or a week prior, providing them the opportunity to reflect on their goals, what supports they feel they need, and which agency they feel is the most appropriate according to their goals. This provides the young person with a sense of control, understanding, and an opportunity to contribute to their support circles.
- It is also very important for the coach to have a discussion with the young person around any concerns or matters they would not like openly discussed with the other agency, prior to the session.
- Discuss setting an agenda for the meeting, with the young person, to outline what they would like to cover and their main goals for the session.
- Negotiate with the young person and external agency regarding a place and time to meet.
- Send calendar invite to external agency and prompt young person to set a reminder in

Step by Step Session Plan

1. Outline the pre-arranged agenda, providing the external agency member the opportunity to suggest any other topics they may like to discuss.
2. Go through each agenda item, empowering the young person to lead the discussion if they are willing.
3. Work to allocate each support task to the appropriate support team. For example, Home Stretch may support the young person to get their licence, and the other agency may support them to find an appropriate rental through a service they are connected with.
4. Ensure the session is young person focused, checking in with the young person regularly to ensure they are provided the opportunity to make an informed decision.

5. It may be helpful to list the different tasks and write the allocated support agency next to each. Take a photo of the final list and distribute to relevant parties, ensuring each person is on the same page.

What Tools or Forms can be used?

- Case Coordination/Case Conference Record
- Sketch pad or notebook to list allocations
- Pre-discussed agenda
- Smooth Transition Working Together Protocols & Resource Planning Tool

How might you include Support Circles?

Encouraging young people to include other members of their support circle, such as family, carers, and other formal supports helps with task allocation and keeping everyone on the same page. Ideally, young people need to be supported to build skills and capacity to inevitably transition out of needing agency support. Therefore, the more they reach out and practice accessing support from those who are a part of their life, the easier the transition may be when they turn 21.

Example Tools/ Case Studies:



Case Coordination/Case Conference Record

Date:

Young Person:

Supports Present:

Need	Goal	Support/Service	Tasks	By When