



Question Cues for

Mindmapping

What kind of relationships do you want with your family?

What kind of mother/father/brother/sister/uncle/aunt do you want to be?

What kind of husband/wife/partner do you want to be?

What quality of relationship do you want to be a part of?

What sort of parent do you want to be?

What qualities do you want your children to see in you?

What sort of friend do you want to be?

What friendships is it important to cultivate?

How would you like to act towards your friends?

What kind of work is valuable to you?

What qualities do you want to bring as an employee?

What kind of work relationships would you like to build?

How would you like to grow?

What kind of skills would you like to develop?

What would you like to know more about?

How would you like to enjoy yourself?

What relaxes you? When are you most playful?

What kind of relationship do you want with God / nature / the Earth?

What kind of environment do you want to be a part of? How do you want to contribute to your community?

What kind of values do you have regarding your physical wellbeing? How do you want to look after yourself?

